

## FAVORITE FOOD

### *FLOATING ON MAMA'S SONG* -- Activity / lesson

In the book, Anita comes home and notices, "...the delicious smell of fried plantains, *platanos fritos*, and black beans, *frijoles negros*."

Food brings families together and is inseparable from culture. This lesson is designed to help students make connections to their own families and cultures.

#### **Questions:**

1. What is your favorite food that you eat at home? \_\_\_\_\_
2. When do you eat this favorite food? \_\_\_\_\_  
(*All the time, or only on holidays and special occasions?*)
3. Who in your family cooks or prepares that food for you? \_\_\_\_\_  
(*Your mother, father, grandmother, an aunt or uncle, someone else?*)
4. What culture or country does that food come from? \_\_\_\_\_
5. What country or culture is that family member from? \_\_\_\_\_

#### **Partner sharing:**

Turn to a partner and share your answers.

#### **Expand the lesson:**

Develop a geography lesson using the countries or cultures from the Favorite Food answers. (*Where is Cuba, Central America, Mexico, India, etc.,?*)

#### **Art Activity:**

Draw a picture of a family dinner.